



COURSE MEASUREMENT SUMMARY SHEET



Course Name:	Run Armagh 10K	County:	Armagh	
Race Name (if diff):	Run Armagh 10K Challenge	Race Date:	19 th April 2009	
Promoting Club or Organisation	Run Armagh			
Name & address of race organiser / director:	Matthew D NICHOLSON 147 Keady Road Ballyards ARMAGH BT60 3AE	Tel.(home)	07974 419535	
		Tel.(work)	n/a	
		E-mail:	matthew@runarmagh.com	
Distance:	10K	Measurer:	John T Glover	
Measurement method:	Jones Counter	Measurement Date:	26/09/08	
Height (in metres above sea level) if not same.	Start:	m	Finish:	m
Distance in straight line from Start to Finish:				

Brief Description of Course

(a) Terrain
(Flat/Undulating/Severe Hills/etc.)

Undulating with a few short sharp climbs

(b) Race Surface
(city streets/country lanes/paths/etc.;
amount off road e.g. on grass)

City and country roads

(c) Course Configuration
(single lap/multi lap/anti-clockwise/
out & back/point to point)

Single lap counterclockwise

Measurement Details (additional information may be shown in the report)

(a) The section of the road available to the runners on the day of the race. Pavements?

Left hand side of road throughout

(b) The line to be taken at right hand turns.

As directed by stewards at final turn

(c) Any other information.

n/a

I confirm that I have completed the measurement report of pages consisting of this **summary page, all data sheets, the course map and sketches** showing the exact position of the start and finish and I have sent copies to:

1. Race Director, who must use this report to lay out the course for the race, and carefully keep it for future years. It should be shown to any official requiring details of the measured course.
2. This summary page (only) must be sent to ANI Road Permit Secretary: Mary Peters Track, Old Coach Lane, Belfast, admin@niathletics.org to confirm the measurement has been completed as required for the race permit.

Signed:	John T Glover	Date:	01/10/08
Measurer's Address:	61 Ardenlee Avenue Belfast BT6 OAB		